

Cascade Bruin News

CASCADE HIGH SCHOOL NEWSLETTER

December 2023

VOLUME 6, ISSUE 4



From the Principal

Dear Cascade Families,

Happy December! While this time of year can be full of excitement and energy, it is often an overwhelming time period for all, especially for students. Therefore I want to really encourage all of us to put our focus and energies into positivity and the opportunities before us. This time of year as a community we focus on our care and commitment for and to one another, and nowhere is that more evident than in our annual Food Drive. This month, students and staff will participate in an event that I believe truly encapsulates what it means to be a Bruin. It is what I always share with people when they ask me about Cascade High School because it is the first topic that people often reference when talking about our school community. It is, more than any other event, the reflection of hope and opportunity that I believe lives at the heart of this school.

As we come to the end of this calendar year, it is important that we continue to strive to help each other through whatever is in front of us. That might mean using this break to get caught up on work, or reconnecting with the people we value, or even working hard to finish this first semester strong. Often that means that while students engage in their schoolwork, how that work extends beyond the classroom can provide the best learning. Whether it is students learning to step into leadership positions, or becoming increasingly confident in their problem-solving abilities, or simply learning how to navigate complex situations, sometimes the most profound work that students can engage in is being part of a larger community and being able to support each other with a greater sense of service. In the spirit of that, as we move closer to the end of the semester, it is important to continually ask questions and seek assistance as well. Good resources to utilize would be *Our Staff* link on our home page, [Gradebook](#), [Home Access Center](#), and [Canvas for Parents](#).

As I reflect on this time, I consider how lucky and very thankful I am to be able to work in this community and among those who value and work for each other and for the greater community around them. Thank you, I hope you and your family have a happy and safe December.

Sincerely,

Michael Takayoshi
Principal, Cascade High School

Mtakayoshi@everettsd.org

Micheal Takayoshi
Principal

Cascade High School
801 Casino Road,
Everett, WA 98203
www.everettsd.org/cascadehs

December 2
Learning Improvement Friday

December 9
Learning Improvement Friday

December 16
Early Release

**December 19-
January 2**
Winter Break



CHRISTMAS ASSISTANCE 2022



Once again, this holiday season, The Salvation Army Everett and Volunteers of America of Western Washington are partnering to provide Christmas Assistance to families in need. The Salvation Army will provide toys and gifts for children 17 and under, and the Volunteers of America will provide Christmas food baskets for each family. Applicants can choose to apply online or schedule an *in-person* enrollment interview at The Salvation Army Everett via the **web link** or **Phone Number** provided below. Distribution will be Monday & Tuesday December 19th—20th, 2022 and information about pick up time and location will be provided once applications are approved.

*Things you **MUST HAVE** to complete the online or in-person application process:

1. Picture ID of adult applicant
2. Recent utility bill (within 90 last days) with current address **WITH EVERETT ZIP CODE Eligible**
Everett zip codes are: **98201, 98203, 98204, 98206, 98207, 98208, 98213**

3. Any **2** of the following for **EACH** child 17 and under in the household:

Birth Certificate, Social Security Card, Medicaid or Insurance Card, Letter of Legal Guardianship, Report Card, Passport

- *For in person applications, we do not need to take or keep copies of any of the above information, however, we will not be able to complete your application without it. Documents may be presented in person digitally via web site or as picture on your phone.*

To apply, please go to <https://saangeltree.org>

- Scroll down and select “No” for “Do you have an invitation code”
- Enter your zip code in the box and select “Go”

If you live in Everett and receive an error message after submitting your zip code that states there are no services in your area, it is likely that we have reached our application limit. Please don't worry. Often times there are duplications in the system, and they will be cleared soon. If you would like to schedule a time to complete your application in person, please call **(425) 259-8129 ext 223** and leave a message and a staff member will get in touch with you as soon as possible to schedule an in-person application appointment. *Please note, if there are errors on your online application, staff may reach out to schedule an in person appointment in order to resolve the issue.

Eligible Everett zip codes are: 98201, 98203, 98204, 98206, 98207, 98208, 98213

- Begin the enrollment interview request process

Once you have completed the first page of the form, a pop-up will appear notifying you that a link specific to your application has been emailed to you to get back to your personal application should you happen to have internet trouble or need to finish completing the application at another time

For questions and assistance with your application, please call **(425) 259-8129 ext 223** and a staff member will get in touch with you as soon as possible.



Welcome Cascade Bruins

To Bruin Community Parents

Bruin Community Parents is Cascade High Schools Parent Teacher Organization and invites you to join us now for the 2022-2023 academic year. Membership dues and fundraising events help to support extracurricular activities at Cascade and build a community of connected families. We invite all incoming and current parents to our in-person meetings on the second Wednesday of every month at 7 pm in the Cascade Library where you will learn about the exciting plans and news for the upcoming month.

Step 1 Choose Membership Type

Family Membership \$25

Individual Membership \$20

Step 2 fill out Google form or go to our website [chsbcp1.wixsite.com/website](https://forms.gle/hZTkML5MLpyKsuTk6)

<https://forms.gle/hZTkML5MLpyKsuTk6>

Or



Step 3 Payment Options



Cash or Check
Mail or Drop off at Cascade High School
Checks Payable to Bruin Community Parents
Memo Line: Membership



61st Annual Food & Gift Drive

Donations ~ November 28 to December 14

Shopping Day ~ December 14

Delivery Day ~ December 15



The students at Cascade High School will be sponsoring 150+ families from Volunteers of America & Salvation Army for the holidays with food and gifts

Want to help?

We are looking for donations of:

Boxes ~ Wrapping Paper ~ Gift Cards ~ Cash
Non-Perishable Food ~ Gifts for Babies to 18 Years Old

Questions Contact Activities - 425-385-6014

*Proceeds from this event will be donated to families within our community, VOA and other community organizations.
Funds collected are private monies and will be held in trust by the Everett Public School District
exclusive for the specified purpose.*

Need support with getting gifts or meals for the holidays? Questions on what's available in the community for support for your student and family? Visit the web page for Stacy Robinson, our Student & Family Support Advocate. Here she will post information on what is available at our school and in the community! [Student and Family Support / Welcome \(everettsd.org\)](http://www.everettsd.org)



Construction on Casino Road



This school year our campus will be impacted by work being done to the State Route 526 overpass by the Washington State Department of Transportation (WSDOT). The work will be seismic retrofitting the overpass to make the overpass safer in the case of seismic activity. This work will start likely this fall and carry on into the spring and will result in the closure of lanes of traffic

on E Casino Rd as well as our driveway closest to the overpass. East Casino will continue to be open, but please be aware that WSDOT will likely be using the center turn lane on E Casino to maintain two-way traffic during the seismic retrofit work. This will impact our traffic both coming to and leaving campus and will require extra caution as there will be WSDOT workers for this period of time. We've included some diagrams to help clarify where this work will be happening.





Cascade Athletics

Winter sports are underway! We have many home events coming up. For a complete list of sports events, visit www.wescoathletics.com to see each team's schedule.

Congratulations to our October athletes of the month! Athletes are nominated by their coaches based on the following criteria: sportsmanship, commitment, integrity, enthusiasm, teamwork, achievement, and perseverance. Our first winner is William Nelson. William was a member of the football team and the cheer squad. He was nominated by his cheer coach Trish Roberts. Great job William! Our second winner is Rowan Phan. Rowan was a swimmer this fall and was nominated by head coach Eric Smith. Great job Rowan!

We had some outstanding accomplishments by our fall athletes at state events. Congratulations to Kira Korten and Trevor Krestel for competing in the state cross country meet. Special congratulations to Jacob Hopkins, who not only won a cross country state title in the ambulatory division, he also set the course record! Congratulations to Saige Anderson for placing 6th at the 3A state dive meet! Way to go Saige! Congratulations to our cheer team who qualified for the state cheer championships this spring with their recent performance at a local competition. Way to go!

A special note for our fans: Congratulations to our fans at athletic events this fall! You have all been exceptional in cheering on our teams and following our 2022 school motto "Be Loud, Be Proud, Be Bruin!". Please continue to model this excellent behavior as we head into our winter season. Enjoy the games and cheer on your friends and classmates! Please remember to continue to cheer positively FOR our teams and not cheer negatively AT our opponents. Great job Bruins!





Class of 2023 Senior Timeline of Events!

SENIORS!
Still Thinking of Options?

1. There are plenty of options available!
2. Lots of time to apply to 4-yr college!
3. There are 34 state Community & Tech Colleges!
4. Check out www.careerbridge.wa.gov/
5. Chat with the CHS Career Specialist!

Need more help?
Email: naviance@everettsd.org



Counseling Department Information

Counselors:

Jason Himstedt	A - Chi	jhimstedt@everettsd.org	385-6024
Debbie Wade	Cho - Gut	dwade@everettsd.org	385-6021
Anne Jensen	Guy – Li	ajensen@everettsd.org	385-6023
Laura King	Lo - O	lking@everettsd.org	385-6022
Elisabeth O'Brien	P – Sl	eobrien@everettsd.org	385-6009
Pam Richards	Sm - Z	prichards@everettsd.org	385-6025

Support Staff:

Tanys Aris	Success Coordinator - OTG	taris@everettsd.org	385-6027
Phil Brandstetter	Admin Support Para	pbrandstetter@everettsd.org	
Kaeli Campbell	Success Coordinator – ML	kcampbell@everettsd.org	385-6193
Kalie Graham	Success Coordinator – ML	kgraham@everettsd.org	385-6193
Jane Horton	Admin Support Para	jhorton@everettsd.org	
Jana Kosiba	Facilities/Field Trip/Couns. Support Secretary	jkosiba@everettsd.org	385-6093
Debbie Mehaffey	Counseling & Discipline Secretary	dmehaffey@everettsd.org	385-6010
Denise Redford	Intervention Specialist	dredford@everettsd.org	385-6013
Trish Roberts	College & Career Specialist Para	troberts@everettsd.org	385-6030
Stacy Robinson	Student Support Advocate	srobinson@everettsd.org	385-6017
Holly Twedt	Success Coordinator - Assessment	htwedt@everettsd.org	385-6041
Kris Vasquez	Academic Support Para	kvasquez@everettsd.org	385-6049

Psychologist:

Kaitlin Kalkwarf	Resource Students L-Z	kkalkwarf@everettsd.org	385-6037
Ellen Winningham	Resource Students A-K (Extended Resource, Achieve, Life Skills)	ewinningham@everettsd.org	385-6039

Sped Support Staff:

Jamice Fisher	Success Coordinator	jfisher@everettsd.org	385-6169
Joy MacDonald	Paraeducator	jmacdonald@everettsd.org	385-6067

[CHS Counseling Webiste](#)

Looking for Clothing Assistance?



Operation School Bell is a philanthropic program of the Assistance League. This program provides clothing to student who demonstrate need and attend school regularly. Operation School Bell is a non-profit program, totally run by volunteers and is not tax supported or government sponsored. Operation School Bell is by appointment only. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.

Clothes for Kids is a similar organization located in Lynnwood. Clothes for Kids is by appointment only. Shopping dates are 8/1/22-5/26/23. Please contact Stacy Robinson, Student Support Advocate at 425-385-6017 or Debbie Mehaffey, Counseling & Discipline Secretary at 425-385-6010 for assistance.



Attendance Reporting

- **Parents/Guardians have 30 days to report their student's absence by e-mail or written note.**
- Please be sure to provide:
 - the student's name
 - the student's ID number
 - the reason for the absence
 - your name
 - attach a doctor's note if applicable

Attendance Email: CHSAffendance@everettsd.org

Attendance Line: 425-385-6004

If you leave a voicemail, please provide a **written note** or email within 30 days of your student's first day back to school.

- [email](mailto:CHSAffendance@everettsd.org) regarding student absences to the following dedicated email account: CHSAffendance@everettsd.org

The following excuses are considered valid and acceptable per the Everett School District Attendance Policy:

- [Illness](#)
- [Appointment](#)
- [Funeral](#)
- [Emergency](#)
- [Religious Observance](#)

Please note that running late, car trouble, missing the bus or oversleeping are considered unexcused absences

[Pre-Arranged Absence Form](#) This form is not mandatory. It is for teacher/student benefit. In order for an absence to be excused the attendance office must receive an [e-mail](#) with dates and reason for absence.

CASCADE BRUINS



German Student Convention a Success!

Cascade was proud to host the annual German Student Convention on Saturday, November 5. Around 200 German language learners from across the state attended the convention. Although there were widespread power outages across the district, Cascade had power, and after some early morning excitement, we were able to go forward with our event. We enjoyed a German-themed lunch, “spaghetti ice cream”, various workshops, and we were entertained by the Bavarian dancers, the “Enzian Schuhplattler,” who performed for us and also led us in some dances. Thanks to our hard-working parent volunteers, Kori Dewing, Brad and Kendall Glasuer and Anne and Patrick Franssen, the event was a resounding success.





College Entrance Exam Dates 2022-2023

ACT TEST DATES

Register at www.act.org

Test Date	Registration Deadline	Late Deadline
October 22, 2022	September 16, 2022	September 30, 2022
December 10, 2022	November 4, 2022	November 11, 2022
February 11, 2023	January 6, 2023	January 20, 2023
April 15, 2023	March 10, 2023	March 24, 2023
June 10, 2023	May 5, 2023	May 19, 2023
July 15, 2023	June 16, 2023	June 23, 2023

SAT TEST DATES

Register at www.collegeboard.org

SATURDAY Test Date	Registration Deadline	Late Fee Deadlines (online - phone)
August 27, 2022	July 29, 2022	August 16, 2022
October 1, 2022	September 2, 2022	September 20, 2022
November 5, 2022	October 7, 2022	October 25, 2022
December 3, 2022	November 3, 2022	November 22, 2022
March 11, 2023	February 10, 2023	February 28, 2023
May 6, 2023	April 7, 2023	April 25, 2023
June 3, 2023	May 4, 2023	May 23, 2023

CLASSES OF 2017 AND BEYOND*		
SUBJECT	SAT	ACT
Math	430	16
ELA*	410	14
Science	Not required for graduation	

- ✓ The ACT & SAT exams are approved State Graduation Pathways and can be used for credit recovery as well.
- ✓ Contact the Assessment Success Coordinator for assessment graduation requirements or your Counselor.



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SWEATSHIRTS
SPIRIT ITEMS

Visit our website for more details:
[HTTPS://WWW.EVERETTSCHOOLSDISTRICTS.ORG/PAGE/39055](https://www.everettschoolsdistricts.org/page/39055)



5 Tips for Festive Family Holidays with Teenagers

By Kate Pocock

Teens make for challenging holidays. They don't wake up when you want them to, can be very particular about their food choices (19 ingredient Vegan Tofu Mock Turkey, anyone?) and at times can be barely polite with relatives. And their holiday wish lists get more expensive every year.

Yet, with a little bit of planning, this holiday season could be one to remember for peace and joy rather than "Madness at the Mall!" Here's how to keep the holidays with teens fun and festive.

1. Plan ahead

- Planning makes perfect (almost). And it's a good idea to include your teens in the planning. Well ahead of the season, sit down and ask for their thoughts on activities, presents, and food they might enjoy. Then mark these special days on the calendar for all to see. "Asking your teens gives them a sense of their importance, and shows them that parents value their contributions," says clinical psychologist Dr. Robin Alter, author of *Anxiety and the Gift of Imagination*.
- Parents might even share budget considerations and discuss how much money can be spent. Perhaps they would prefer a gift of time with parents or grandparents instead of presents?
- This is also a good time to talk about expectations. Teens certainly don't have to spend whole evenings playing card games with the aunties, but they might be expected to help with holiday dinners, perhaps even contribute a recipe or dish of their choosing. "I did this with my own teenage stepdaughter," says Alter. "She came up with the menus, and she was much more interested in eating the food."

2. Rethink and update traditions

- As Tevye sang in the musical *Fiddler on the Roof*, traditions come from the Mama and the Papa. But that doesn't mean you have to stick with the tried and true. Perhaps it's time for some new ones that acknowledge a teen's individuality and interests.
- For example, when family therapist Sharon Earle-Meadows' kids became teens, Earle-Meadows started an annual Christmas Eve family fondue party. Each teen created a sauce. The whole family would light candles, sit on the floor by the fireplace, and dip treats into the bubbling oil.
- "You have to let go of the storybook holiday. Instead, celebrate in a way that keeps teens engaged and acknowledges their individuality," says Earle-Meadows. "With teens, you have to think about traditions as being building blocks for the future." Her teens are now grown up with kids of their own, and they still look forward to their annual fondue feast by the fire.

3. Remember the friend factor

- For most teens, being connected to friends is vastly important. "It's what gets them out of bed in the mornings and gets them off to school," says Alter. At the same time, parents should specify in clear terms what days teens need to be available and specify days that are open for friends or other activities. "Know that there will be conflicts in terms of time. Something will come up, they really need to go to this party," adds Alter. "So, it's important to be firm and flexible at the same time."
- It's also important to set [limits on cell phones and gadgets](#). "You can't take them away," concludes Alter. "It's like taking away a limb. But perhaps during special family dinners, they are out of the room, out of sight, and out of mind. Parents' phones too!"



4. Incorporate giving back into the holiday season

- Remind teens that the holiday season is not only about getting but also giving. Single mom Tracy Ford wanted her daughter, Lauren, to know and care about those less fortunate. So each year, during her daughter's teen years, they would shop with her babysitting money to buy a present for a girl the same age, and donate it through the Salvation Army. "It could be a book she loved, a jigsaw puzzle, or pretty earrings," says Ford. "I believe this contributed to her very generous personality today."
- The Perrin-Michel family started a [new tradition](#) last year with 11-year-old Alex and 15-year-old Sophia. "We decided now that they were older, it was time to give back," says mom Deneen. So they spent Christmas morning baking cookies, wrapping them in cellophane, and adding a pair of warm socks to the gift. After church service, the whole family walked through the city's mission district, distributing the packages to homeless citizens and shelter residents who were out and about.
- "It was a good lesson too," says their mom. "My older daughter asked many questions such as, 'What did these people do to deserve this situation? How did they end up here?' We had some excellent discussions." The family is planning to do it again.
- "It really made our Christmas," says Deneen. "This new tradition was so much better than the kids sitting on their iPads all morning."

5. Set the tone by modeling gratitude

- In the end, the holiday season is about celebrating with those we love and saying thanks for what we have. But how can you foster gratitude during those teen years? "It's easy to lose sight during the holidays, especially with all the running around, the planning, and the getting of everything," says Dr. James G. Wellborn, a clinical psychologist and author of *Raising Teens in the 21st Century*.
- One of the best ways to teach gratitude is to model gratitude. "Look for opportunities when your teen is wandering around, or when you're driving with them in the car," says Wellborn. "Then act as if you suddenly thought of something positive and mention it out loud. You might say something like, 'I'm really amazed at what we have and how great our life is these days.'" And if your teen does something around the house—even something you've asked them to do—acknowledge that by saying, "Thank you, I really appreciate that."





Guaranteed Admissions Program

We are excited to announce Everett Public Schools is now a participating institution in the [Guaranteed Admission Program](#), or GAP.

Everett Public Schools has partnered with Central Washington University, Eastern Washington University, The Evergreen State College, Washington State University and Western Washington University to help students meet their college and career goals through the Guaranteed Admissions Program (GAP). Through GAP, a student who meets the following criteria is guaranteed admission to these institutions.



To qualify for the Guaranteed Admissions Program, a student must have:

1. A minimum cumulative GPA of 3.0
2. Completed necessary College Academic Distribution Requirements (CADR) courses in high school (typically mirrors high school grad requirements)
3. Completed this Guaranteed Admissions Program Opt-in Form giving your permission to release information to the participating colleges and universities

The Guaranteed Admissions Program Opt-in Form is for parents/guardians of current juniors and seniors of Everett Public Schools high schools. The deadline for completing this form is Friday, January 6, 2023. [Opt-In Form](#)

Thank you for participating in the



Last month, families and staff were invited to participate in a ThoughtExchange to share their thoughts on, “What is working well, and what opportunities are there to improve the way our district and schools communicate?” Thank you to all who participated. The results are in and posted on our [engagement webpage](#) with action items.

Parent University video highlight

New resources have been added to [Parent University](#), including a video highlight on high school course options (College in the High School, Advanced Placement and Running Start). To view the collection of short informative on-demand videos and “how-to” guides, click on Video Resources on the left menu.



We want to hear from our families! Everett Public Schools empowers parents and guardians to be engaged in their child's education. If you have a suggestion based upon a top concern and/or area of interest, we are seeking input as we develop more videos this school year.

If you have additional topics you would like to suggest, please email communications@everettsd.org.



The gift of attendance

Absences spike in the weeks before and after the winter holiday as families squeeze in a few more vacation days. Just a few missed days here and there, even excused absences, can add up and lost learning time can put your child behind in school.

This is as true in kindergarten as it is in high school. Put simply, too many absences at any age can affect a student's chances for academic success and eventually for graduation. This holiday season give your children the gift of an education and the habit of attendance.



Every day of school is an important opportunity for students to learn as well as to connect with their peers and teachers. As long as your child is healthy, please encourage showing up to class when school is in session.

If your child is absent, please email the school at their attendance email address, which you can find on the school website. If email is not possible, and even if you leave a message with the school attendance line, please send a written note to the school office within 30 days after your student returns to school.

Family resources

Could you or a family you know use some help? Find information and links to helpful resources on the district's [Parent Tools webpage](#):

- [Washington State Library](#) – local and regional information about services and agencies offering help to families in a variety of ways including food, shelter, clothing, childcare, legal services, employment opportunities, and counseling
- Everett Public Schools [Kids In Transition \(KIT\) program](#) – supports homeless children and youth to continue their education
- Snohomish Health District for [Snohomish County community dental resources](#) for children and adults
- [United Way of Snohomish County](#) – 2-1-1 is a free telephone number that is your best "first call" to quickly find the right source of help. The information line is staffed by trained operators from Volunteers of America Western Washington who can connect you to a wide range of community services.



Calendar reminder

This is a friendly reminder that Winter Break is December 19 to January 2, with classes resuming on Tuesday, January 3, 2023.





Space still available in ECEAP preschool

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and provides family support and health and nutrition services. It is funded by the Washington State Department of Children, Youth and Families (DCYF).

The six ECEAP sites within our school district are Cedar Wood, Hawthorne, Jackson, Lowell, Madison, and Silver Lake elementary schools. Space is limited – apply now! For an application or more information, please visit the www.everettsd.org/ECEAP or call 425-385-4628.



Transitional Kindergarten Program

Everett Public Schools offers Transitional Kindergarten (TK) for children who are not currently in an early learning program and are scheduled to enter kindergarten in the fall of 2023. The program focuses on basic academic, social and self-help skills to jumpstart qualifying students toward success in school. Students will be screened and may qualify based on need.

To be eligible for screening, children must:

- be five years old by August 31, 2023
- live within the boundaries of Everett Public Schools
- not be currently enrolled in an early learning program
- demonstrate academic and/or social-emotional needs



Requests for screening opened in November. If you are interested in Transitional Kindergarten and believe your child may qualify, please visit our website at www.everettsd.org/TransitionalKindergarten and submit an interest form by **Friday, December 16, 2022**.

Transitional Kindergarten begins in late January 2023 and will run through the last day of school in June 2023. School locations will be determined in January and will be communicated directly to eligible families. For preschool options, please visit our Early Childhood Education & Assistance Program (ECEAP) webpage at www.everettsd.org/ECEAP.



Accepting Highly Capable referrals until Dec. 16

The Highly Capable program in Everett Public Schools is designed to meet learning needs and challenge students who have advanced thinking and academic abilities. “HC” classes, as they are often referred to, are open to students in second, third, fourth and fifth grade. HC students learn and study in self-contained classrooms with a fast-paced curriculum that encourages and inspires them to develop higher level thinking skills. HC classrooms are held in specific schools in the district, based upon qualified enrollment. The district provides transportation to students in HC classes.

Find forms, information and evening events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place in February and March with more information to come.

Delayed start or closed schools

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:30 a.m. (or sometimes the night before if it can already be determined) with a brief message about the reason for closure or delay. We will also use local media, social media and post the message on our website.

If there is no announcement about Everett Public Schools, school is on the regular schedule. More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district’s website at www.everettsd.org
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

Snow routes are online

School drop off and pick up locations may change in an emergency situation. If your child rides a bus to school, please become familiar with the snow route information on the district [transportation department’s webpage](#) under “Snow Routes” icon in the center of the page.



Board of Distinction

Everett Public Schools board of directors earned high honors with the designation as a *Board of Distinction 2022*. Applications are reviewed by a panel of judges that includes former and current educational service district superintendents, State Board of Education board members, former school directors and other education leaders in Washington state. Scoring is based on how well applicants show alignment with the Washington School Board Standards, support their statements with data and demonstrate a link between outcomes and decisions made by the board.



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

• Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups. The following employees have been designated to handle questions and complaints of alleged discrimination:

• **Title IX/Civil Rights Compliance Officer:**
• Kevin Allen
• 425-385-4100
• KAllen@everettsd.org
• PO Box 2098
• Everett, WA 98213

Section 504 Coordinator:
Dave Peters
425-385-4063
DPeters@everettsd.org
PO Box 2098
Everett, WA 98213

ADA Coordinator:
Randi Seaberg
425-385-4104
RSeaberg@everettsd.org
PO Box 2098
Everett, WA 98213



Gracias por participar en el thoughtexchange

El mes pasado, se invitó a las familias y al personal a participar en un intercambio de ideas para compartir sus pensamientos sobre "¿Qué está funcionando bien y qué oportunidades hay para mejorar la forma en que nuestro distrito y las escuelas se comunican?". Gracias a todos los que participaron. Los resultados se publicaron en nuestra [página web de participación](#) con los elementos de acción.

Programa de admisión garantizada

Nos complace anunciar que las Escuelas Públicas de Everett ahora son una institución participante en el [Programa de Admisión Garantizada](#) o GAP.

Las Escuelas Públicas de Everett se han asociado con Central Washington University, Eastern Washington University, The Evergreen State College, Washington State University y Western Washington University para ayudar a los estudiantes a alcanzar sus metas universitarias y profesionales a través del Programa de Admisión Garantizada (GAP). A través de GAP, un estudiante que cumpla con los siguientes criterios tiene garantizada la admisión a estas instituciones.



Para calificar para el Programa de Admisiones Garantizadas, un estudiante debe tener:

1. Un GPA acumulativo mínimo de 3.0
2. Completar los cursos necesarios de Requisitos de Distribución Académica Universitaria (CADR) en la escuela secundaria (generalmente refleja los requisitos de graduación de la escuela secundaria)
3. Completó este formulario de suscripción al programa de admisión garantizada dando su permiso para divulgar información a los colegios y universidades participantes

El formulario de inscripción del programa de admisión garantizada es para los padres/tutores de los estudiantes del penúltimo y último año de las escuelas secundarias de las Escuelas Públicas de Everett. La fecha límite para completar este formulario es el viernes 6 de enero de 2023. [Formulario de suscripción](#)

Video destacado de la Universidad de Padres

Se han añadido nuevos recursos a la [Universidad de Padres](#), incluido un video destacado sobre las opciones de cursos de secundaria (College in the High School, Advanced Placement y Running Start). Para ver la colección de videos informativos cortos bajo demanda y guías prácticas, haga clic en "Video Resources" (Recursos de video) en el menú de la izquierda.



¡Queremos escuchar a nuestras familias! Las escuelas públicas de Everett les permiten a los padres y los tutores participar en la educación de sus hijos. Si tiene una sugerencia basada en una preocupación o área de interés principal, estamos buscando información para desarrollar más videos este año escolar.

Si tiene temas adicionales que le gustaría sugerir, envíe un correo electrónico a communications@everettsd.org.



El don de la asistencia

Las ausencias aumentan en las semanas anteriores y posteriores a las vacaciones de invierno, ya que las familias aprovechan algunos días más de vacaciones. Unos pocos días perdidos aquí y allá, incluso las ausencias justificadas, pueden sumar y el tiempo de aprendizaje perdido puede hacer que su hijo se retrase en la escuela.

Esto es tan cierto en el jardín de infancia como en la escuela secundaria. En pocas palabras, demasiadas ausencias a cualquier edad pueden afectar las posibilidades de éxito académico de un estudiante y, al final, su graduación. Estos días de fiesta regádeles a sus hijos la educación y el hábito de la asistencia.

Cada día de clases es una oportunidad importante para que los estudiantes aprendan y se conecten con sus compañeros y maestros. Mientras su hijo esté saludable, anime a asistir a clase cuando la escuela esté en sesión.

Si su hijo está ausente, envíe un correo electrónico a la escuela a su dirección de correo electrónico de asistencia, que puede encontrar en el sitio web de la escuela. Si el correo electrónico no es posible, e incluso si deja un mensaje en la línea de asistencia de la escuela, envíe una nota por escrito a la oficina de la escuela dentro de los 30 días posteriores al regreso de su estudiante a la escuela.



Recursos familiares

¿Le vendría bien a usted o a una familia que conozca una ayuda? Encuentre información y enlaces a recursos útiles en la [página web de herramientas para padres del distrito](#):

- [Biblioteca del estado de Washington](#): información local y regional sobre los servicios y las agencias que les ofrecen ayuda a las familias de diversas maneras, como alimentos, alojamiento, ropa, guardería, servicios jurídicos, oportunidades de empleo y asesoría.
- [Programa Niños en transición \(Kids In Transition, KIT\)](#) de las escuelas públicas de Everett: ayuda a los niños y jóvenes sin hogar a continuar su educación.
- Distrito de salud de Snohomish para los [recursos dentales de la comunidad del condado de Snohomish](#) para niños y adultos.
- [United Way del condado de Snohomish](#): el 2-1-1 es un número de teléfono gratuito que constituye la mejor "primera llamada" para encontrar rápido la fuente de ayuda adecuada. La línea de información está atendida por operadores formados de Volunteers of America Western Washington que pueden ponerlo en contacto con una amplia gama de servicios comunitarios.





Todavía hay espacio disponible en el ECEAP de preescolar

El Programa de Educación y Asistencia para la Primera Infancia (Early Childhood Education & Assistance Program, ECEAP) de las escuelas públicas de Everett es un programa preescolar GRATUITO para niños de tres y cuatro años de edad de familias con ingresos limitados. El ECEAP prepara a los niños para el jardín de infancia y les ofrece apoyo a las familias y servicios de salud y nutrición. Está financiado por el Departamento de Niños, Jóvenes y Familias (Department of Children, Youth and Families, DCYF) del estado de Washington.

Los seis sitios del ECEAP dentro de nuestro distrito escolar son las escuelas primarias Cedar Wood, Hawthorne, Jackson, Lowell, Madison y Silver Lake. Los cupos son limitados: ¡inscríbese ahora! Para obtener una solicitud o más información, visite la página web www.everettsd.org/ECEAP o llame al 425-385-4628.



Programa de jardín de infancia de transición

Las escuelas públicas de Everett ofrecen el jardín de infancia de transición (Transitional Kindergarten, TK) para los niños que no están en este momento en un programa de aprendizaje temprano y están programados para entrar en el jardín de infancia en el otoño de 2023. El programa se centra en las habilidades académicas, sociales y de autoayuda básicas para impulsar a los estudiantes que califican hacia el éxito en la escuela. Los estudiantes serán sometidos a una prueba y podrán calificar según sus necesidades.

Para ser elegibles para la prueba, los niños deben:

- Cumplir cinco años antes del 31 de agosto de 2023.
- Vivir dentro de los límites de las escuelas públicas de Everett.
- No estar inscritos en un programa de aprendizaje temprano en este momento.
- Demostrar necesidades académicas o sociales y emocionales.



Las solicitudes de prueba se abrieron en noviembre. Si usted está interesado en el jardín de infancia de transición y cree que su hijo puede calificar, visite nuestro sitio web en www.everettsd.org/TransitionalKindergarten y envíe un formulario de interés antes del **viernes, 16 de diciembre de 2022**.

El jardín de infancia de transición comienza a finales de enero de 2023 y se extenderá hasta el último día de clase en junio de 2023. La ubicación de las escuelas se determinará en enero y se les comunicará directamente a las familias elegibles.

Para conocer las opciones de preescolar, visite nuestra página web del Programa de Educación y Asistencia para la Primera Infancia (ECEAP) en www.everettsd.org/ECEAP.



Se aceptan remisiones de Highly Capable hasta el 16 de diciembre

El programa Highly Capable de las escuelas públicas de Everett está diseñado para satisfacer las necesidades de aprendizaje y desafiar a los estudiantes que tienen habilidades académicas y de pensamiento avanzadas. Las clases de "HC", como se les suele llamar, están abiertas a estudiantes de segundo, tercero, cuarto y quinto grado.

Los estudiantes de HC aprenden y estudian en aulas autónomas con un plan de estudios de ritmo rápido que los anima e inspira a desarrollar habilidades de pensamiento de nivel superior. Las aulas de HC se encuentran en escuelas específicas del distrito, en función de las inscripciones calificadas. El distrito les proporciona transporte a los estudiantes en las clases de HC.

Encuentre formularios, información y eventos nocturnos en el [sitio web de Highly Capable](#). Las remisiones son para los estudiantes que en este momento están en primero a cuarto grado para las pruebas de invierno, que se llevarán a cabo en febrero y marzo con más información por venir.

Retraso en el inicio o cierre de las escuelas

Si tenemos que cancelar las clases o retrasar el comienzo de las mismas, utilizaremos nuestro sistema de comunicación con los padres para llamar por la mañana, a menudo sobre las 5:30 a. m. (o a veces la noche anterior si ya se puede determinar) con un mensaje breve sobre el motivo del cierre o el retraso. También utilizaremos los medios de comunicación locales, las redes sociales y publicaremos el mensaje en nuestro sitio web.

Si no hay ningún anuncio sobre las escuelas públicas de Everett, la escuela está en el horario normal. En el sitio web del distrito, en la pestaña *Parents* (Padres), encontrará más información y recursos sobre los cierres o los retrasos de las escuelas.

En caso de inclemencias del tiempo u otras emergencias:

- Compruebe su correo electrónico o teléfono para ver si hay mensajes del distrito.
- Escuche los anuncios de los medios de comunicación.
- Consulte el sitio web del distrito en www.everettsd.org.
- Consulte las cuentas del distrito de [Facebook](#), [Twitter](#) o [Instagram](#).

Las rutas de nieve están en línea

Los lugares de entrega y recogida de la escuela pueden cambiar en una situación de emergencia. Si su hijo va en autobús a la escuela, familiarícese con la información de las rutas de nieve en la [página web del departamento de transporte](#) del distrito bajo el icono "Snow Routes" (Rutas de nieve) en el centro de la página.



Junta de distinción

La junta directiva de las escuelas públicas de Everett ha obtenido altos honores con la designación de *Junta de distinción de 2022*. Las solicitudes son revisadas por un panel de jueces que incluye a superintendentes antiguos y actuales de distritos de servicios educativos, miembros de la Junta Estatal de Educación, antiguos directores de escuelas y otros líderes de la educación en el estado de Washington. La puntuación se basa en el grado de alineación de los solicitantes con las Normas de la Junta Escolar de Washington, en el apoyo a sus declaraciones con datos y en la demostración de un vínculo entre los resultados y las decisiones tomadas por la junta.



Recordatorio del calendario

Este es un recordatorio amistoso de que las vacaciones de invierno son del 19 de diciembre al 2 de enero, y que las clases se reanudarán el martes, 3 de enero de 2023.



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

Las escuelas públicas de Everett no discriminan en ninguno de sus programas o actividades por sexo, raza, credo, religión, color, país de origen, edad, estado veterano o militar, orientación sexual, expresión de género o identidad, discapacidad, o el uso de perros guía entrenados o animales de servicio, y provee con acceso equitativo a los Boy Scouts y a otros grupos juveniles designados. Los siguientes empleados han sido designados para gestionar las preguntas y quejas de presuntos actos de discriminación.

Title IX/Civil Rights

Compliance Officer:

Kevin Allen
425-385-4100
KAllen@everettsd.org
PO Box 2098
Everett, WA 98213

Section 504 Coordinator:

Dave Peters
425-385-4063
DPeters@everettsd.org
PO Box 2098
Everett, WA 98213

ADA Coordinator:

Randi Seaberg
425-385-4104
RSeaberg@everettsd.org
PO Box 2098
Everett, WA 98213